

28th November – 1st December 2018 Dance Course in Dresden - Ballroom dances of the 19th century

Internationaler Balltanz Club

This year's focus will be on
couple dances in quadrilles,
choreographed dances, lead and follow in free dances



Dances to be taught

Quadrille „Sleigh Bell Polka“ (Philadelphia, 1866)

This polka-quadrille fits well the winter season. It consist 5 figures with beautiful quadrille figures in polka tempo and the polka waltz. It was published by Professor C. Brooks in Philadelphia in 1866 and became one off he favorite dances at balls in North America and Europe.

Quadrille „Strauss Quadrille“ Quadrille with polka, varsovienne, schottisch, mazurka, galop, waltz

The favourite dances of the 19th century have been incorporated in this quadrille, containing 6 figures. Its enjoyment is further enhanced by the melodies composed by the members of the Strauss family. The figures are: La Bohémienne (dance: polka, music: „Fashion Polka“ by Josef Strauss), La Varsovienne (dance: varsovienne, music: „La Varsoviana“ by Johann Strauss the father), La Rhénane (dance: schottisch /Rheinländer polka, music: „Frühlingsluft Rheinländer“ by Josef Strauss), La Parisienne (dance: mazurka waltz and redowa, music: „Frauenherz“ by Josef Strauss), La Britannique (dance: galop, music: „Wien über alles“ by Eduard Strauss) and La Viennoise (dance: waltz, music: „Viennese Blood“ by Johann Strauss the son). They will be taught in accordance with the research into the original sources on step technique and figure set-up.

Valse Russe „La Czarine“ (Paris 1857/ New York 1860)

La Czarine is a Russian waltz, choreographed by Société Académique des Professeurs de Danse in Paris in 1857. Originating from the French ballroom, the dance records show several variations of this Russian waltz between 1860 and 1883. We shall dance the proud mazurka-waltz with pas polonaise and pas russe, to the music composed for this dance, opening with the Tsarist Anthem.

Galop „Cachucha Galopp“ (Vienna 1837)

An old Spanish folk melody became all the rage in the 30s of 19th century Vienna. The dance, La Cachucha, was danced on stage by the Viennese prima ballerina Fanny Elssler and her performance inspired Johann Strauss the Father, in 1837, to compose this sparkling galop. We shall dance it with the various original galop steps and figures.

Waltz “My Life is Love and Joy” (Vienna 1869)

The best known and most beautiful waltz composed by Josef Strauss will enable us to practise various modes of waltzing: apart from the usual valse à trois temps (6-step-waltz) and balancé waltz in both right (natural) and left (reverse) turning, waltz later included the elements of mazurka and also the 5-step waltz. All these step variations combined with a demanding choreography make the waltz fit as a couple dance both for the ball floor and the stage.

Step and Lead Technique in couple dances

Based on the musical rules of dance compositions, the dancers will learn to master leading, in particular in natural and reverse turning in dances like polka, polka mazurka, redowa and waltz. Apart from the French polka, German polka, Polka Tremblante and cross polka (Berlin polka), we shall learn the two variations of Polka mazurka with its step possibilities of polka redowa and mazurka, and step technique of Varsovienne, all informed from the original sources.

Quadrille à la cour (Berlin from 1855)

It is a German variation of The Lancers, which was taught in Berlin since 1855 and, after a pause between 1960 and 2010, is again danced in Germany. The figures of Les Tiroirs, Les Lignes, Les Moulinets, Les Visites and the Finale à la court are derived from the beautiful choreography taught by Amint Freising in 1885 /1892. And the additional pleasure is the music of Josef Strauss.

This quadrille in the German tradition will be danced at our Thé dansant.

Course Timetable

Wednesday - Friday	dance lessons	28.11.- 30.11.2018	9 am to 5.00 pm
Saturday	dance lessons	01.12.2018	9 am to 11.30 am
Saturday	video recording of learnt dances	01.12.2018	1.30 pm to 4.30 pm
Saturday	Thé Dansant	01.12.2018	4.30 pm to 7.30 pm

The course will conclude with a Tea Dance in the dance school. Tea, coffee and Dresden specialties for Advent and Christmas will be offered.

Dance Venue

Dancing venue: „Tres Tangos“ dance studio
Dornblüthstraße 16, 01277 Dresden
<http://www.tres-tangos.de>



Ample free parking available on the premises
Dance hall size: 1 700 sq. ft. Sprung floor

Dancing experience

We welcome dancing couples, dance groups, and also single dancers with dancing experience of advanced to professional level in ballroom, folk, historical, modern, etc. dance. The course aims at enhancing further the enjoyment of dancing through an intensive practice.

What to wear

Dance lessons:	Comfortable clothes and shoes, preferably dance/ballet shoes with leather sole to practise footwork.
Video and Thé Dansant:	Modern, solemn clothes= nice, comfy clothes, no historical gowns, dancing shoes for the ladies: nice dress or skirt with a solemn top. or the gentlemen: suit-trousers (black) with a white or black shirt.

Accommodation suggestions

Hotel „Smetana“ Schlüterstraße 25 | info@hotel-smetana.de | <http://www.hotel-smetana.de>
Pension „Am Großen Garten“ | pension.agg@t-online.de | <http://www.pension-am-grossen-garten.de>
Pension „La Campagnola“ | info@lacampagnola.de | <http://www.lacampagnola.de>
Gästehaus Matthias | p.matthias@t-online.de | <http://www.uebernachtungindresden.de>

Cost

	Full price	Early booking (1)	Reduced full price (2)	Students	Early booking Students (1)
Course & Thé dansant	289 EUR	229 EUR	259 EUR	140 EUR	120 EUR

The taught dances will be specially prepared, choreographed and musically arranged for this course.

(1) *Early booking price will be charged to those booking and paying by 15th September 2018.*

(2) *Reduced full price will be charged to those booking and paying by 16th November 2018.*

The price includes the cost of the course and the Tea Dance, dance instruction, choreography notes of the taught dances, videos, fees for the musicians, as well as the hire of the hall and taxes (incl. VAT)

Tanzlehrer & Veranstalter

Sylvia Hartung reconstructs, choreographs and teaches social dances of the 19th and 20th century from Europe and North America since 2005. She has been carrying her research for the past 20 years, concentrating on waltzes, polkas, mazurkas, quadrilles and cotillions from 1800 to date, and particularly on the era of Johann Strauss and the Grand Balls. In 2006 and 2007 she obtained qualification as a teacher of modern standard dance, while working in her engineering profession. Sylvia teaches social dancing (ball dancing) both in Germany and abroad, and organises international dance schools in Dresden and Vienna (Hofburg).

Anmeldung

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Bei der Anmeldung bitte Name, Post-Adresse und Email-Adresse angeben.



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